

Autumn Menu - Week Four

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Choice of Cereal, breads, pancakes and fresh fruit Milk or Water to Drink	Breakfast Choice of Cereal, breads, pancakes and fresh fruit Milk or Water to Drink	Breakfast Choice of Cereal, breads, pancakes and fresh fruit Milk or Water to Drink	Breakfast Choice of Cereal, breads, pancakes and fresh fruit Milk or Water to Drink	Breakfast Choice of Cereal, breads, pancakes and fresh fruit Milk or Water to Drink
Morning Snack Under 2's Fresh Fruit Milk or Water to Drink Over 2's Rolling Snack with Fresh Fruit, and Milk or Water	Morning Snack Under 2's Fresh Fruit Milk or Water to Drink Over 2's Rolling Snack with Fresh Fruit, and Milk or Water	Morning Snack Under 2's Fresh Fruit Milk or Water to Drink Over 2's Rolling Snack with Fresh Fruit, and Milk or Water	Morning Snack Under 2's Fresh Fruit Milk or Water to Drink Over 2's Rolling Snack with Fresh Fruit, and Milk or Water	Morning Snack Under 2's Fresh Fruit Milk or Water to Drink Over 2's Rolling Snack with Fresh Fruit, and Milk or Water
Dinner Quorn Southern Fried Chicken, Roasted Vegetables, Potato Wedges OR Kedgerree and Roasted Vegetables Pudding Orange Drizzle Cake Water to Drink	Dinner Lasagne with Broccoli OR Quorn Hot Dogs, with Beans and Smiley Faces Pudding Strawberry Muffins Water to Drink	Dinner Sweet and Sour Steak and Rice OR Mince in Gravy served with Clapshot and Carrots Pudding Fresh Fruit and Yoghurt Water to Drink	Dinner Quorn Spaghetti Bolognese with Garlic Dough Balls OR Quorn Sausages, Mash Potato, Peas and Gravy Pudding Blackberry and Apple Slice Water to Drink	Dinner Quorn Chicken Pie with Sweetcorn and Gravy OR Stuffed Baked Potatoes with Sweetcorn Pudding Baked Cinnamon Apples Water to Drink

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Afternoon Snack Under 2's Fresh Fruit Milk or Water to Drink Over 2's Rolling Snack with Fresh Fruit, and Milk or Water	Afternoon Snack Under 2's Fresh Fruit Milk or Water to Drink Over 2's Rolling Snack with Fresh Fruit, and Milk or Water	Afternoon Snack Under 2's Fresh Fruit Milk or Water to Drink Over 2's Rolling Snack with Fresh Fruit, and Milk or Water	Afternoon Snack Under 2's Fresh Fruit Milk or Water to Drink Over 2's Rolling Snack with Fresh Fruit, and Milk or Water	Afternoon Snack Under 2's Fresh Fruit Milk or Water to Drink Over 2's Rolling Snack with Fresh Fruit, and Milk or Water
Tea Crackers with cream cheese and tomatoes Pudding Fresh Fruit and Yoghurt Water to Drink	Tea Chicken and Salad Wholemeal Rolls with Crisps Pudding Fresh Fruit and Yoghurt Water to Drink	Tea Cheese and Tomato Mini Pitta Pizza's and Mixed Salad Pudding Fresh Fruit and Yoghurt Water to Drink	Tea Crumpets, with Ham and cucumber sticks Pudding Fresh Fruit and Yoghurt Water to Drink	Tea Chicken and Vegetable Soup with Wholemeal Rolls Pudding Fresh Fruit and Yoghurt Water to Drink

Please make sure all items and ingredients needed are put on the shopping list the week before.

The shopping list must be completed by Wednesday evening at the latest for the following week.

Please remind staff that they must put their cooking ingredients on the shopping list for the following week.