

## Spring Menu - Week One

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>  Choice of Cereal, breads, pancakes and fresh fruit  Milk or Water to Drink	<b>Breakfast</b>  Choice of Cereal, breads, pancakes and fresh fruit  Milk or Water to Drink	<b>Breakfast</b>  Choice of Cereal, breads, pancakes and fresh fruit  Milk or Water to Drink	<b>Breakfast</b>  Choice of Cereal, breads, pancakes and fresh fruit  Milk or Water to Drink	<b>Breakfast</b>  Choice of Cereal, breads, pancakes and fresh fruit  Milk or Water to Drink
<b>Morning Snack Under 2's</b> Fresh Fruit Milk or Water to Drink <b>Over 2's</b> Rolling Snack with Fresh Fruit, and Milk or Water	<b>Morning Snack Under 2's</b> Fresh Fruit Milk or Water to Drink <b>Over 2's</b> Rolling Snack with Fresh Fruit, and Milk or Water	<b>Morning Snack Under 2's</b> Fresh Fruit Milk or Water to Drink <b>Over 2's</b> Rolling Snack with Fresh Fruit, and Milk or Water	<b>Morning Snack Under 2's</b> Fresh Fruit Milk or Water to Drink <b>Over 2's</b> Rolling Snack with Fresh Fruit, and Milk or Water	<b>Morning Snack Under 2's</b> Fresh Fruit Milk or Water to Drink <b>Over 2's</b> Rolling Snack with Fresh Fruit, and Milk or Water
<b>Dinner</b>  Ravioli with Carrots and Green Beans  <b>OR</b> Fishermans Pie with Broccoli  <b>Pudding</b> Mango and Berry Cookies  Water to Drink	<b>Dinner</b>  Steak Stir Fry and Noodles  <b>OR</b> Lemon and Dill Chicken with New Potatoes and Asparagus  <b>Pudding</b> Strawberry Shortbread  Water to Drink	<b>Dinner</b>  Quorn Sausages, Creamy Mash Potato and Peas  <b>OR</b> Mediterranean Vegetable and Cheese bake  <b>Pudding</b> Fresh Fruit and Yoghurt  Water to Drink	<b>Dinner</b>  Quorn Shepherd's Pie, with Carrots and Gravy  <b>OR</b> Sweet and Sour Chicken, with Rice and Spring Rolls  <b>Pudding</b> Raspberry Flapjack  Water to Drink	<b>Dinner</b>  Cauliflower and Broccoli Macaroni cheese with Lightly Coated Paprika Twists <b>OR</b> Cauliflower Curry and Rice, with Naan  <b>Pudding</b> Banana Muffins  Water to Drink

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<p style="text-align: center;"><b>Afternoon Snack</b> <b>Under 2's</b> Fresh Fruit Milk or Water to Drink</p> <p style="text-align: center;"><b>Over 2's</b> Rolling Snack with Fresh Fruit, and Milk or Water</p>	<p style="text-align: center;"><b>Afternoon Snack</b> <b>Under 2's</b> Fresh Fruit Milk or Water to Drink</p> <p style="text-align: center;"><b>Over 2's</b> Rolling Snack with Fresh Fruit, and Milk or Water</p>	<p style="text-align: center;"><b>Afternoon Snack</b> <b>Under 2's</b> Fresh Fruit Milk or Water to Drink</p> <p style="text-align: center;"><b>Over 2's</b> Rolling Snack with Fresh Fruit, and Milk or Water</p>	<p style="text-align: center;"><b>Afternoon Snack</b> <b>Under 2's</b> Fresh Fruit Milk or Water to Drink</p> <p style="text-align: center;"><b>Over 2's</b> Rolling Snack with Fresh Fruit, and Milk or Water</p>	<p style="text-align: center;"><b>Afternoon Snack</b> <b>Under 2's</b> Fresh Fruit Milk or Water to Drink</p> <p style="text-align: center;"><b>Over 2's</b> Rolling Snack with Fresh Fruit, and Milk or Water</p>
<p style="text-align: center;"><b>Tea</b></p> <p>Vegetable and Potato Soup, with Crusty Bread</p> <p style="text-align: center;"><b>Pudding</b></p> <p>Fresh Fruit and Yoghurt</p> <p>Water to Drink</p>	<p style="text-align: center;"><b>Tea</b></p> <p>Cheese and Tomato Rolls and Crisps</p> <p style="text-align: center;"><b>Pudding</b></p> <p>Fresh Fruit and Yoghurt</p> <p>Water to Drink</p>	<p style="text-align: center;"><b>Tea</b></p> <p>Chicken Ceaser Wraps, with Crisps</p> <p style="text-align: center;"><b>Pudding</b></p> <p>Fresh Fruit and Yoghurt</p> <p>Water to Drink</p>	<p style="text-align: center;"><b>Tea</b></p> <p>Baked Beans on Toast</p> <p style="text-align: center;"><b>Pudding</b></p> <p>Fresh Fruit and Yoghurt</p> <p>Water to Drink</p>	<p style="text-align: center;"><b>Tea</b></p> <p>Cheese and Potato Whirls and cucumber</p> <p style="text-align: center;"><b>Pudding</b></p> <p>Fresh Fruit and Yoghurt</p> <p>Water to Drink</p>

**Please make sure all items and ingredients needed are put on the shopping list the week before.**

**The shopping list must be completed by Wednesday evening at the latest for the following week.**

**Please remind staff that they must put their cooking ingredients on the shopping list for the following week.**